

Roseville College Rowing

Rowing is open to students in Years 7 – 12, and those of all ability and experience are invited to join. Roseville has offered rowing for over 30 years and has a very successful rowing program.

Our students find rowing very rewarding and love the strong bonds they create with their crewmates. The rowing season begins in Term 4 and continues into Term 1 of the following year with a Summer Intensive week/ Canberra Rowing camp held at the end of the January school holidays. Roseville train on the water at Longueville and compete in regattas at the Sydney International Regatta Centre at Penrith, including the prestigious IGSA Sport and Head of the River regattas.

Roseville invites girls joining Roseville in 2025 to participate our rowing program in Term 1 2025. While this is mid-Season, we always have a number of girls signing up at this time.

Girls from all years are welcome to start their rowing journey at our optional School holidays sessions from early December through January – whichever works with families' holidays. These sessions are held from 7.30-10am on Mondays, Wednesdays and Fridays. Students joining into Years 7 & 8, are also invited to participate in the Summer Intensive from Monday January 21st to Friday January 24th at the shed at Longueville.

We often find the opportunity to start rowing during the holidays and to get to know other students in their year group and in the rowing program, means the girls start their new school with new friends and increased confidence.

Information Session – Saturday October 26th, 10am – 11am

Rowing is a unique sport and is unlike any other sport the girls may have tried to date. Therefore, we invite girls who are interested to know more, together with the families, to join us for a one-hour information session at **10am on Saturday 26th of October at the North Shore Rowing Club shed in Aquatic Park, Longueville**. This may help to make an informed decision about registering for rowing in Term 1.

Junior Training - Term 1 2025

Monday PM: 3:30-6.45pm* Rowing (North Shore Rowing Club)

Tuesday PM: 3:30-5:00pm Fitness (Roseville College Hall)

Thursday PM: 3:30-6:45pm* Rowing (North Shore Rowing Club)

Saturday AM: 7:30-11:00am On Water Training or Regatta

* students can be collected from the NSRC shed at 6:15pm

If you have any questions, feel free to contact our Rowing Coordinator
Mrs Ruth Gibson
rgibson@roseville.nsw.edu.au

