



Strength and Conditioning Coordinator

Roseville College is an established, respected independent day school for girls in Preparatory to Year 12, centrally located in Roseville on Sydney's North Shore since 1908. Ours is a learning community where girls and staff are truly known, and where every individual is valued. Our vision, to raise future-ready women who lead proficiently with strong character, is underpinned by the Christian faith.

The Roseville College staff comprises visionaries, innovators, pioneers and co-learners, who appreciate this as a meaningful, inspiring and progressive workplace where they are enriched, equipped and empowered for a fulfilling career and to make a positive impact on student generations.

KEY INFORMATION

- Term 4 start or by negotiation
- Permanent opportunity
- FTE 0.6

BROAD OBJECTIVE

Roseville College is excited to announce the launch of our new Strength and Conditioning Centre. We are seeking a motivated and experienced Strength and Conditioning Coordinator to join our team and lead the development of this innovative and state-of-the-art facility. Our Strength and Conditioning Coordinator will be responsible for designing and implementing comprehensive training programs for students across various sports, promoting physical fitness, injury prevention, and athletic performance. As a member of our broader Cocurricular Coordinator Team, the successful candidate is future focused, holding high expectations of self and others, is an exemplary role model to all, and strives to ensure that every girl is known in accordance with the College's values and strategic direction.

The Strength and Conditioning Coordinator is 0.6 FTE with hours worked in the early morning and in the afternoon around the academic school day. At times, the Strength and Conditioning Coordinator will work during the school day in support of cocurricular and curriculum-based activities.

KEY RELATIONSHIP

- Principal
- Deputy Principal
- Director of Cocurricular
- Head of Sport
- Director of Sport and PDHPE
- Sport and PDHPE staff
- External Suppliers and Contractors

- Casual Strength and Conditioning Coaches

REPORTS TO

Head of Sport

QUALIFICATIONS, SKILLS AND EXPERIENCE

- Bachelor's degree in Exercise Science, Sports Coaching, Physical Education, or a related field.
- Certified Strength and Conditioning Specialist (CSCS) or equivalent accreditation.
- Knowledge of injury prevention and rehabilitation practices.
- Experience working with female athletes and understanding the unique aspects of their physical development.
- Previous experience in a similar role, ideally within a school or youth sports setting.
- Demonstrated ability to design and implement effective strength and conditioning programs.
- Strong interpersonal and communication skills, with a focus on motivating and inspiring young women.
- Excellent organisational and time management skills.
- Current First Aid certificate.
- Actively support the Christian mission and values of the College.

APPLICATIONS

Applicants must submit a full application, addressed to The Principal, including application form, a relevant cover letter, resume and supporting documents through the College website: <https://www.roseville.nsw.edu.au/careers/>

However please note, interviews may commence upon receipt of suitable applicants.

Applications close: 9 October 2024

Roseville College is proudly a Child Safe Organisation, putting the best interests of children and young people first. All appointments at Roseville College are subject to Child Protection Legislation.

Roseville College 27 Bancroft Avenue Roseville NSW 2069 rosevillecollege.com



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Roseville College is a member of The Anglican Schools Corporation (ASC).

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