



## MEDIA INFORMER

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### Cool Running for Emily in 2012

**Roseville College Year 9 student and long distance athlete, Emily Augustine, anticipates a year of growth in 2012 after dominating her events at the NSW All Schools Athletics Championships late last year and performing strongly in the recent Australian Junior Athletics Championships.**

Emily, who placed 1st in the 1500m and 3km at the last state All School Athletics Championships, competed at the Australian Junior Athletics Championships at Homebush and won gold in the Under 16 1500m.

Head of Sport at Roseville College, Mrs Ann Osborne, adds context to Emily's results at Juniors, at which she represented NSW. "To come home as Australian Under 16 1500m Champion is phenomenal – and her race time was inspirational. She's a great ambassador for her School and her state, and is an unassuming role model for younger athletes at Roseville College."

Confident, yet quietly spoken, Emily is careful not to be too ambitious in her expectations for the future. While her aspirations include selection in an AIS Development Squad, the two time Cross Country Champion at Roseville College now moves her focus from athletics to cross country for the winter.

"I really like long endurance running and am looking forward to the seasonal change into cross country," she says. "I love longer races – the distance and the time – because it allows me to fall into a rhythm and work out my strategy for the event I'm in."

Last December, Roseville College was represented in all three age-groups, Junior, Intermediate and Senior, at the 2011 School Sport Australia Final of the Athletics Knockout Competition, and, in the past three years, has successfully seen graduates pursue sport at Australian and overseas universities in athletics, basketball, softball, rowing and tennis.

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Photographs: *both images* Roseville College Year 9 student and long distance athlete, Emily Augustine, competing.



**Kaje Pickering  
Media Relations**

P. 02 9884 1126

F. 02 9411 3945

M. 0414 473 640

[kpickering@roseville.nsw.edu.au](mailto:kpickering@roseville.nsw.edu.au)

27 Bancroft Avenue

Locked Bag 34

Roseville NSW 2069

[www.rosevillecollege.com](http://www.rosevillecollege.com)